



We Change Lives from th

The Ultimate Upper-Body Cardio Machine!



ABOUT THE ATAC™

ABS1028B

Unleash the power of upper-body cardio with The aTAC™, a patent-pending, low-impact machine designed to deliver intense, effective workouts while eliminating lower-body engagement. Perfect for rehabilitation, upper-body endurance, and HIIT circuits, this space-saving powerhouse fits seamlessly into any training zone. No adjustments make setup quick and easy, providing a better experience than traditional stationary bikes.

Upper-Body Focus

- 01** The Multi Grip handles allow users of all heights to effectively train with unlimited variety.

Core-Engaging Design

- 02** Standing position boosts core activation.



Dimensions:

55" x W 64" (140 cm x 101 cm)

Unit Weight: 110 lb (163 kg)

Smart Tracking

- 03** Multit-function digital console for real-time metrics and HIIT programs.

Large Comfortable Platform

- 04** Allows for multiple foot placements and training variety.



1-866-219-5335



www.TheAbsCompany.com

