

ABOUT THE TOTAL GLUTE™

ABS1015

The all-new and patent pending Total Glute™ is a revolutionary way to train all parts of the glute muscles on one machine. Perform a core stabilizing Glute Medius abduction motion with the support of the ergonomic handles. Then move to the platform and use the cable attachments to perform squats, deadlifts and lunges. Maximum versatility in a compact design! The 220 lb weight stack provides a progressive workout for users of all abilities.

Dimensions:

67 x 41 x 58 inches $(170 \times 104 \times 147 \text{ cm})$ Unit Weight: 619 lb (281 kg)





















