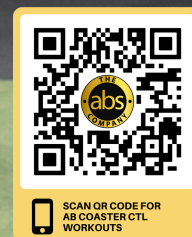




Frictionless Ab Training



ABOUT THE AB COASTER® CTL

ABS1001B

The unique design of the patented Ab Coaster® CTL features the patented Ab Coaster® bottom-up movement without rails. The trackless CTL design features a frictionless resistance system making the motion very easy for any user, as well as making for easy maintenance and whisper quiet operation.

Dimensions:

L 49" x W 41" x H 58"

(124 cm x 104 cm x 147 cm)

Unit Weight: 172 lb (70 kg)

Training Range: 20-80 lb
(9-36 kg)

Ab Coaster® Console

- 01** Ergonomic handles, comfortable arm pads, and adjustment free for a user friendly experience.

Trackless Design

- 02** Frictionless resistance system makes the bottom-up motion easy and whisper quiet.



Ab Coaster® Carriage

- 03** Features a free swivel padded knee rest to easily train the oblique muscles. Weight posts allow for added resistance and a progressive workout.

Easy Move Wheels

- 04** Easily store or move your Ab Coaster® around your home or fitness facility.



1-866-219-5335



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