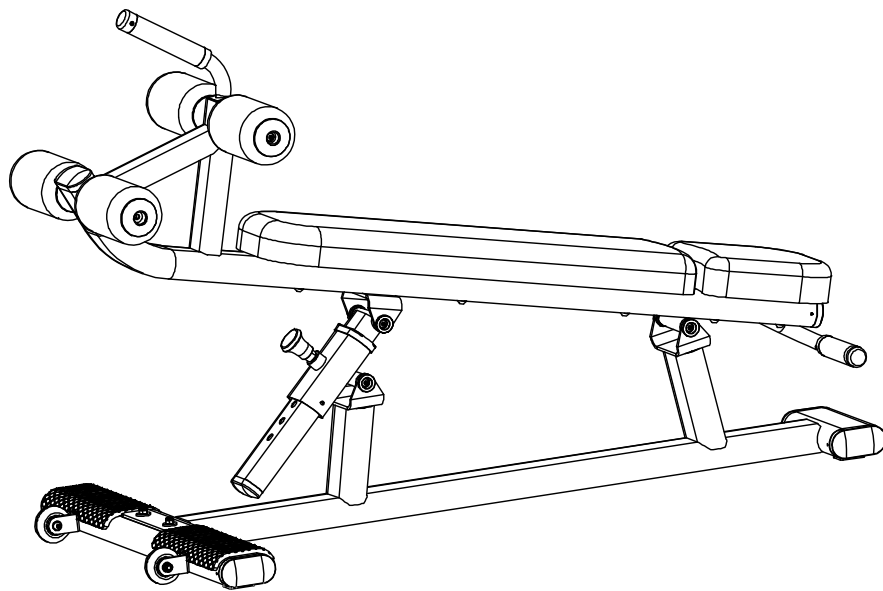


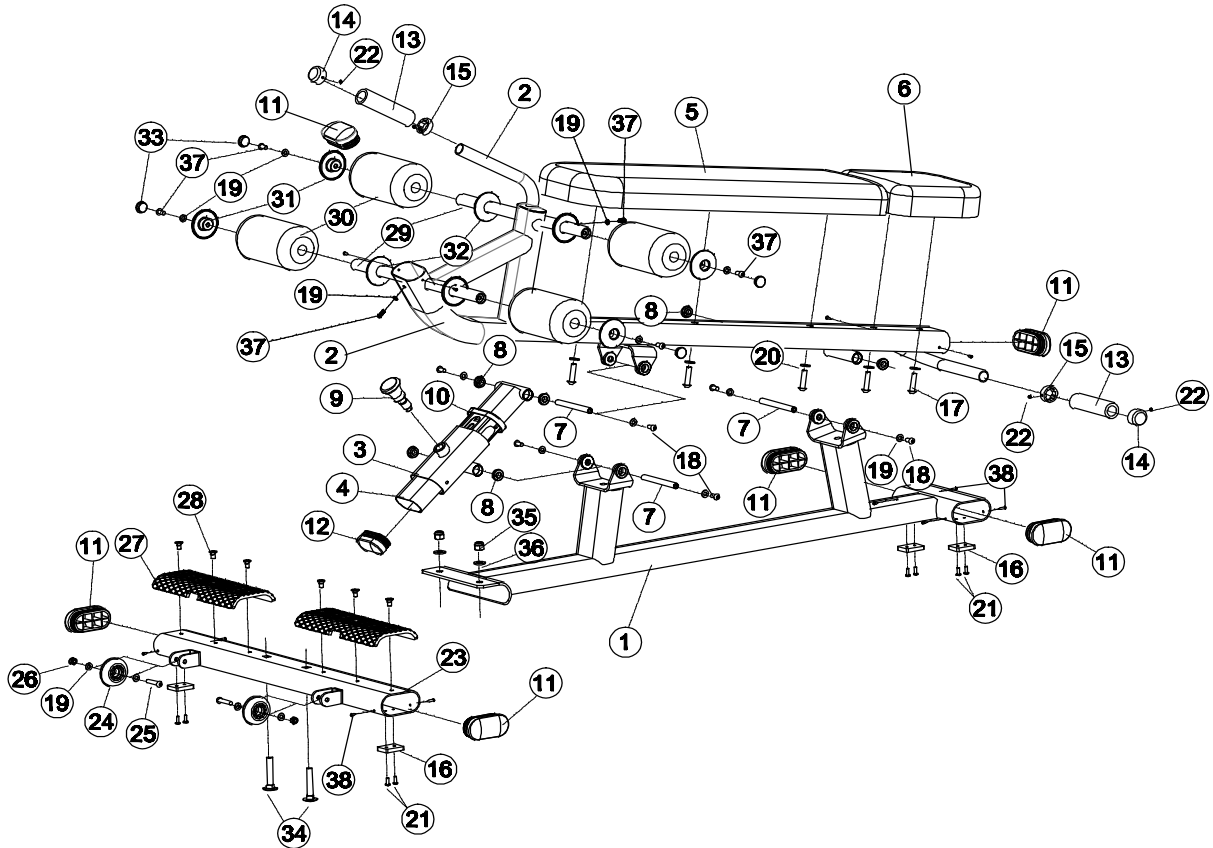


Commercial Adj Crunch Bench

Model 875CB



EXPLODED DRAWING AND LIST



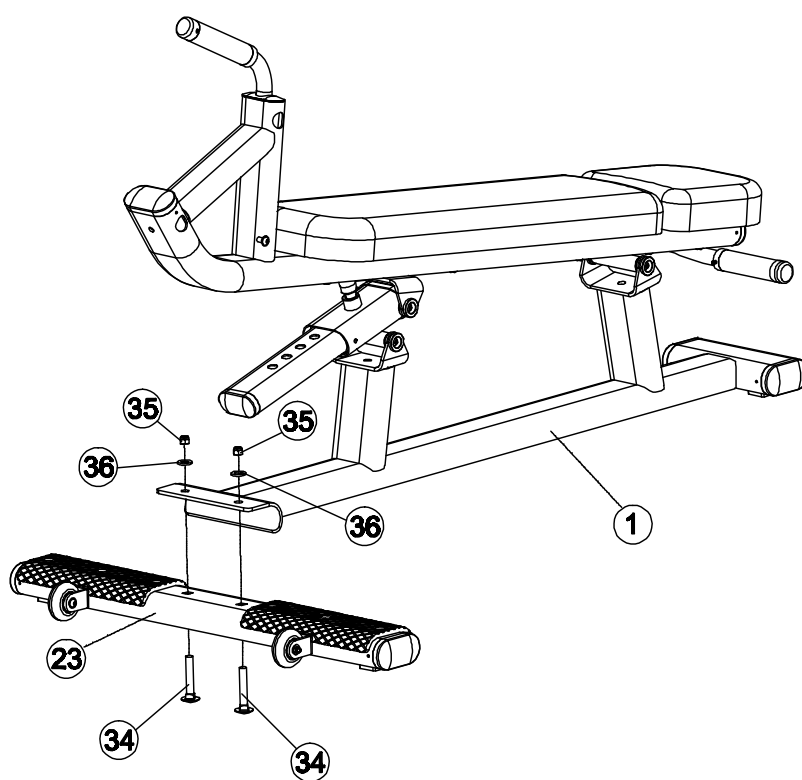
No.	Description	Q'ty	No.	Description	Q'ty
1	Base Frame	1	20	Flat Washer M10	5
2	Back Pad Frame	1	21	Cross Bolt M5*15	8
3	Adjust Frame	1	22	Hex Screw M8*4	4
4	Adjust Inner Frame	1	23	Front Base Frame	1
5	Back Pad	1	24	PU Wheel	2
6	Head Pad	1	25	Hex Pan Bolt M8*45	2
7	Shaft	3	26	Nut M8	2
8	Copper Sleeve	6	27	Rubber Cover	2
9	Pin	1	28	Hex Sunk Screw M8*15	6
10	Sleeve	1	29	Foam Frame	2
11	End Cap PT50*100	6	30	Foam	4
12	End Cap PT40*80	1	31	Foam Outer Cap	4
13	Handle Foam	2	32	Foam Inner Cap	4
14	End Cap	2	33	End Cap Ø25	4
15	Handle Ring	2	34	Carriage Bolt M12*70	2
16	Cushion	4	35	Nut M12	2
17	Hex Pan Bolt M1*65mm	5	36	Flat Washer M12	2
18	Hex Pan Bolt M8*15	6	37	Hex Pan Bolt M8*25	6
19	Flat Washer M8	16	38	Screw ST4.2*16	12

Assembly

Step 1

Connect Base Frame (1) and Front Base Frame (23), using 2 Carriage Bolt (34), Nut M12(35) and 5 Flat Washers M 12 (36).

Please tighten Nut M12 (35) with wrenches after adjusting.



1

Step 2

Install 2 Foam Frame (29) onto Back Pad Frame (2), using 2 Hex Pan Bolt M8*25 (37), 2 Flat Washer M8 (19);

Install Foam Inner Cap (32), Foam (30), Foam Outer Cap (31) onto Foam Frame (29) orderly;

Fix them using Flat Washer M8 (19), Hex Pan Bolt M8*25 (37) and End Cap Ø25 (25).

