

# MULTI-GYM

MTI4201

The BodyKore multi-gym is perfect for full body strength building. The stations include a lat pull down/chest press station, Leg Extension/Curl Station and Abdominal Crunch Station. Each station is equipped with 220lb weight stack and the cable attachment used in the station.

### 3 Use:

- Chest Press
- Seated Row
- Lat Pulldown Station

Chest Press Has 7 Adjustments

Mid Pulley

4 Grip Handles

Lat Pulldown Bar Storage

Back Pad has 7 Adjustments

Metal Shrouds

Each Station has 220lb of Weight Stacks



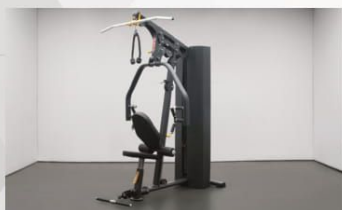
**Dimensions**  
49" x 58" x 86"

**Weight**  
565lb

# MULTI-GYM

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Warranty	
STRENGTH WARRANTY (NORTH AMERICA ONLY)	
FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS
OTHER ITEMS NOT SPECIFIED	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS



## 3 Use: Chest Press/Seated Row/Lat Pulldown Station

The chest press can be adjusted to a seated row and also overhead ab crunch station.



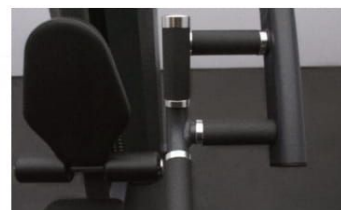
## Lat Pulldown Bar Storage

Can be stored when not using.



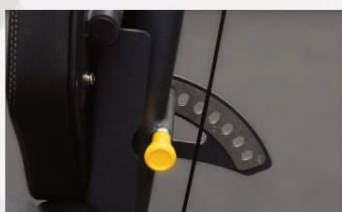
## Chest Press Has 7 Adjustments

So can be turned to a seated row.



## 4 Grip Handles

For targeting different areas of the chest/back.



## Back Pad has 7 Adjustments



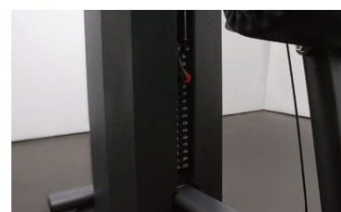
## Ergonomic Back Pad and Leg Rollers

Added for comfort.



## Mid Pulley

Can be used for rope crunches and standing lat rows.



## Metal Shrouds

For elegance and durability.



Each Station has 220lb of Weight Stacks