

Isolation Series
CHIN/DIP ASSIST

GR636

Non-Absorbent
Gripping Material

Knee Pad

Steps Assist Users



Quick-Release
Knob on Kneeling
Platform

Multiple Adjustment
Points

Our BodyKore Isolation Series GR636 Assisted Chin/Dip machine has many features for different uses. One of the ways the GR636 can be used is for assistance, especially when performing pull ups and dips. These dip exercises are highly effective in strengthening the upper body muscles. The Chin/Dip assist has folding arms that allow you to switch from a dip to chin up without getting off the machine. This piece helps you complete proper chin ups and pull ups to target your biceps and deltoids.

The Assisted Chin/Dip machine has the best combination of exercise options to achieve your fitness goals.

This machine is also beneficial to users that want to perform high resistance, negative bodyweight movements. With the support of the GR636, these exercises can be done smoothly and safely. The knee pad lever is strongly constructed, being able to support up to 220lbs in weight.



Dimensions
54" x 29" x 94"

Weight
540lb

Isolation Series

CHIN/DIP ASSIST

G636

Warranty

STRENGTH WARRANTY (NORTH AMERICA ONLY)

FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS
OTHER ITEMS NOT SPECIFIED	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS



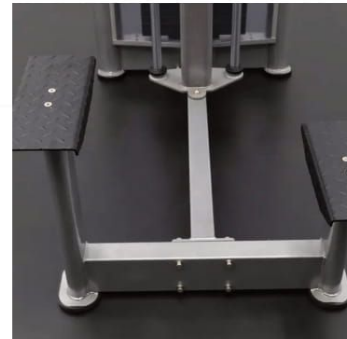
Knee Pad

Adjusts to accommodate assisted and unassisted exercise positions



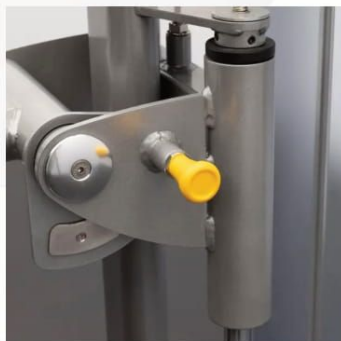
Non-Absorbent Gripping Material

Provides extra security for your grip



Steps Assist Users

Of various sizes and ability



Quick-Release Knob on Kneeling Platform

Makes changeover easy for unassisted body weight training



Multiple Adjustment Points

For maximum customization