

GCAB360 Cam Series Ab & Back Machine

Body-Solid®
Built for Life



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This unique dual-function machine allows you to exercise two major muscle groups (the stomach and back) for one great low price. The innovative plate-load design is based on health club single station machines. We even incorporated 2" x 4" mainframe steel from our commercial grade line of equipment for institutional quality. The full-range cam design has an easy-to-use pop pin that allows an additional 26 adjustments to increase and control your range-of-motion. Break-through technology lets you tighten abdominal muscles, strengthen your lower back and increase flexibility. Weight plate post is 1" dia. Shown with optional #OAS14 - Olympic Adapter Sleeve.

Olympic Adapter Sleeve and weight plates optional.

Weight: 80 lbs

Dimensions: 46"W x 60"L x 43"H

Special Features

- Ultra-thick DuraFirm™ upholstery
- 30° angle for precise biomechanical movement.
- 2"x 4" mainframe steel for exceptional
- Light Commercial quality.
- Easy-to-use pop-pin that allows adjustments to increase and control the user's range-of-motion.
- Adjustable lifting arm can be positioned for exercising both the ab and back muscles.

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



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